

# HEALTH & FITNESS

- Advertorials

## THETA BRAIN WAVES FOR HEALING

How's your life going? Are you well? Do you feel good or are you feeling disenchanted with all things? Are you tired of the monotony that has become your life-the continuous stack of bills, the lack of respect from people around you, loss after supposed loss, and that feeling that your energy will never return? Believe it or not you are creating each and every one of those situations. And not only are you creating them but you're creating them for positive reasons. ThetaHealing will show you what those reasons are, help you change them instantly and shift your life so that a) you become more present with these situations and b) ultimately you don't create and attract negative outcomes any longer. You have three choices: 1) Change nothing and allow your life to continue with discomfort, illness and struggle. 2) Continually pay through the nose searching for someone to change things for you or 3) Fill yourself with the knowledge that will empower you in every situation through unlocking that spiritual force within your life that creates exactly what you want and deserve. ThetaHealing is a spiritual energy healing technique where we zero in on subconscious negative beliefs that keep you from



healing physically, and block you from being, having and creating whatever it is that you want in your life. Join practitioners Julia Anderson of the Fairplay Therapy Center and Joshua Johnson from Wellness, A School for Healing to learn this extraordinary technique that will provide

you with spiritual empowerment, mental enlightenment and physical understanding to change everything into a much more positive and joyous experience. Classes include general understanding of healing energy and how to use it, full understanding of the Belief and Feeling work, healing of the DNA, Healing the Broken Soul, Angel/Spirit Guide Readings, working with the Seven Planes of Existence, manifesting abundance, and learn that you are never really alone. Join us this fall and unleash the greatest parts of yourself.

**Beginning ThetaHealing DNA 1 & 2,  
September 30 – October 2, 2011**

**Advanced ThetaHealing – November  
4 – 6, 2011**

**Manifesting and Abundance – December  
10 & 11, 2011**

*To register for classes or obtain further information please call 323-243-1039 or visit us on the web at [www.fairplaytherapycenter.com](http://www.fairplaytherapycenter.com).*